

Pretest Survey for Participants (Answers are in red)

- 1) Preterm/Premature birth means the baby is born before 37 completed weeks of pregnancy.
- 2) Why is Preterm birth, or Prematurity, a concern?
 - A. Compared to full-term babies, preterm/premature babies are more likely to die or have health problems.
 - B. Preterm/premature babies always suffer from medical problems.
 - C. Preterm/premature birth is not a problem.
- 3) Which of the following statements about the development of a baby's brain is correct?
 - A. Development of brain completes by the third month of pregnancy.
 - B. Development of brain completes by 35 weeks of pregnancy.
 - C. At 35 weeks the baby's brain is still underdeveloped and it weighs only two-thirds of what it will weigh at 40 weeks.
- 4) ANY woman can experience a PTB, but from the groups below who is MOST likely to have a preterm baby?
 - A. A teenage mother
 - B. A mother over the age of 35
 - C. A woman who has had a preterm baby in the past
 - D. A and B
- 5) What are some of the signs of preterm labor?
 - A. High blood pressure, dizziness and blurred vision
 - B. Bloody show, nausea and vomiting
 - C. Menstrual-like cramps, low dull backache, pelvic pressure, abdominal cramping with or without diarrhea, a change in vaginal discharge, and a hardening of the uterus 6 or more times/hour.
- 6) What should a pregnant woman do if she has preterm labor symptoms?
 - A. Call her healthcare provider immediately or go to the hospital right away.
 - B. Call her healthcare provider if the symptoms last longer than four hours.
 - C. Do nothing, but be certain to tell the doctor about the symptoms at the next visit.
- 7) What can help lower the rates of preterm birth?
 - A. Encourage doctors to schedule all deliveries by C-section.
 - B. Avoid antibiotics during pregnancy
 - C. Help people in the community understand the problems of preterm birth.
 - D. A and B
- 8) A valid reason for starting labor with medications before 39-40 weeks is:
 - A. The pregnant woman is having several discomforts of pregnancy (fatigue, constipation, backache, etc.)
 - B. Carrying the baby 1-2 weeks past the due date

- C. Gestational diabetes with oversized baby, or problems with the placenta
- D. B and C

- 9) The following statements about Cesarean delivery are true EXCEPT:
- A. Once a woman has a Cesarean delivery, she is more likely to have a Cesarean delivery in future pregnancies.
 - B. Recovery time from Cesarean delivery is the same as from a vaginal birth with the help of new technology.
 - C. A Cesarean delivery is more painful than a vaginal birth.
 - D. A Cesarean delivery is more expensive than a vaginal birth.
- 10) The following statements are true EXCEPT:
- A. In 2005 in Kentucky, Medicaid paid more than 4 times as much for the care of babies born at 35-36 weeks, as they did for babies born at less than 26 weeks.
 - B. In 2005, hospital charges to care for preterm babies were \$204 million in Kentucky.
 - C. Preterm babies may have serious health problems that may disrupt day-to-day life of families.
 - D. The rate of preterm birth in KY is lower than the national rates.