

**2006 Kentucky Folic Acid Partnership and Greater Kentucky Chapter March Of Dimes Program Plan  
Community Action**

<b>Community Action Problem Statements</b>		
<p><b>1. Folic Acid:</b> According to a 2004 Gallup survey, there was no substantial increase in the proportion of women who used vitamins containing folic acid daily during 1995-2003. However there was a substantial increase in 2004, with 40% of women aged 18-45 reporting daily consumption of a vitamin containing folic acid. The findings suggest that the proportion of reproductive-age women not consuming vitamins containing folic acid daily is 60%; therefore, efforts are needed to increase supplement use in conjunction with a healthy diet to lower the incidence of Neural Tube Defects. Source: CDC. Use of Vitamins Containing Folic Acid Among Women of Childbearing Age--United States, 2004. MMWR 2004:53(36);847-850.</p>		
<p><b>2. Prematurity:</b> Prematurity/low birthweight is the leading cause of death in the first month of life. In addition to mortality, prematurity is a major determinant of illness and disability among infants, including developmental delays, chronic respiratory problems and vision and hearing impairment. While the specific causes of spontaneous preterm labor and delivery are largely unknown, research indicates that they are likely due to a complex interplay of multiple risk factors, as opposed to any single isolated risk factor. In 2002, there were 7,368 preterm births in Kentucky, representing 13.6% of live births. Between 1992 and 2002 the rate of infants born preterm in Kentucky increased more than 28%. Source: <a href="http://www.marchofdimes.com/peristats">www.marchofdimes.com/peristats</a></p>		
<p><b>Folic Acid Goal:</b> To increase the proportion of women who take a vitamin containing folic acid daily</p>		
<p><b>Prematurity Goals:</b> To increase public awareness of the problem of prematurity and to increase the number of pregnant women who know the signs and symptoms of premature labor.</p>		
<i>Objectives</i> (Objectives are measurable statements that specify the outcomes of program activities, products or services within a specific time frame).	<i>Activities to achieve objective</i> (Describe the methods necessary to achieve objectives. Tell who is going to do what, where, how and when.)	<i>Comments</i> (Optional)
<p><b>Objective 1.1</b> Partners will actively support the Kentucky Folic Acid Partnership</p>	<p><b>Activity 1</b> The KY Dept. for Public Health and Barren River Dist. Health Dept. will fund the Folic Acid Coordinator position during 2006.</p>	<p>The position was funded during 2006. Susan Brown continued to serve as the coordinator.</p>

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<b>Objective 1.1 (Continued)</b>	<b>Activity 2</b> Statewide Folic Acid Coordinator will maintain administrative support for Partnership including but not limited to, meeting minutes, members, mailing/email lists, expenditure records, completing Folic Acid/Prematurity Tracking Forms.	Susan Brown completed these duties throughout 2006.
	<b>Activity 3</b> KFAP members will continue active roles in the Partnership and its sub-committees by reporting activities, attending meetings, and/or communicating by mail, fax, phone or e-mail.	Meeting attendance has been good, and email has been used for the majority of the communication. Some members have been reporting their activities.
	<b>Activity 4</b> The Folic Acid Partnership Chair and/or the statewide folic acid coordinator will serve on the MOD Chapter PSC.	Susan Brown served on the PSC.
	<b>Activity 5</b> The Partnership will have at least four meetings during 2006. Explore the possibility of conducting some of the meetings via videoteleconference.	Meetings were held on 1/26, 5/25, and 9/28. Videoconferences were not done—may be considered in 2007.
	<b>Objective 1.2</b> Increase the proportion of women of childbearing age who are aware of folic acid and signs of preterm labor	<b>Activity 1</b> Orient and update March Of Dimes staff and volunteers about folic acid and prematurity at staff and volunteer meetings during 2006
	<b>Activity 2</b> Display and distribute March of Dimes educational materials on folic acid and prematurity at MOD events, such as WalkAmerica, special events, and mission/program and volunteer development events.	MOD materials distributed at 11 events.

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<b>Objective 1.2 (Continued)</b>	<b>Activity 3</b> Provide folic acid/prematurity information at 20 bridal fairs or other community events that target non-pregnant women of childbearing age.	Information was distributed at 27 health fairs. Three of the health fairs were reported to be baby fairs—the rest were not specified.
	<b>Activity 4</b> As KFAP members do presentations to various groups throughout the year, mention folic acid and the problem of prematurity.	Done. (Unable to determine the number of presentations.)
	<b>Activity 5</b> Expand folic acid and prematurity information on www.kfap.org.	Information has been updated and expanded throughout the year. As of 12/1/06 there were 1058 hits on the website.
<b>Objective 1.3</b> Increase the proportion of non-pregnant women of childbearing age who report taking a multivitamin containing folic acid every day by December 2006.	<b>Activity 1</b>	
<b>Objective 1.4</b> Increase pregnant women's knowledge of the warning signs of preterm labor and what to do if they occur.	<b>Activity 1</b> Distribute MOD "Know the Signs of Preterm Labor" materials to approximately 600 child care providers that participate in the USDA Child Care Nutrition Program to post in their centers.	(No report)
	<b>Activity 2</b> Provide at least 40 classes to pregnant women to educate them about preterm labor and how to have a healthy pregnancy.	Susan Brown provided a total of 77 classes in Warren, Hart and Metcalfe counties.
	<b>Activity 3</b> Produce and distribute prematurity toolkits for local health departments to use to target business groups, churches/faith-based groups, and women's groups.	A draft version of the toolkit has been developed and is being reviewed as of December 2006. The actual production and distribution will be done in 2007.