

2010 The Kentucky Folic Acid Partnership and Greater Kentucky Chapter Program Professional Education

<p>Professional Education Problem Statement:</p> <p>Folic Acid: A 1995-2000 March of Dimes Gallup Survey showed that only 35% recommended folic acid to their patients. According to the same survey only 56% of women mentioned their health care provider as their source of information on folic acid. However, 73% of women who do not take any vitamins say they were never recommended by their physician or other health professional.</p> <p>Prematurity: The March of Dimes estimates that one of every seven babies in Kentucky is born premature. Health care providers have a valuable role with their clients to reduce prematurity. This includes educating patients about the signs of preterm labor, advising patients to eliminate or reduce risk factors, and implementing sensitive programs that target women at high risk for preterm birth.</p> <p>Goal: All health care providers will counsel women of childbearing age to take a multivitamin with folic acid every day and will make their clients aware of the signs and symptoms of preterm labor.</p>		
<p>Objectives (Objectives are measurable statements that specify the outcomes of program activities, products or services within a specific time frame).</p>	<p>Activities to achieve objective (Describe the methods necessary to achieve objectives. Tell who is going to do what, where, how and when.)</p>	<p>Progress</p>
<p>Objective 2.1 <i>Increase by at least 200 the number of health professionals who are aware of the signs and symptoms of preterm labor and that folic acid must be taken before pregnancy to prevent neural tube defects by December 2010.</i></p>	<p>Activity 1 Through the FA Partnership and Professional Education Sub-Committee, provide information about prematurity and/or the benefits of folic acid by the use of the TOOL KIT, through the HPEP (Health Professional Educational Project) and through the <i>Healthy Babies Are Worth the Wait</i> Project to at least 50 professional health care providers by December 31, 2010.</p>	<p>120 professionals were reached through HBWW toolkit.</p>
	<p>Activity 2 Through the FA Partnership and the HBWW program submit articles on perinatal topics to at least 5 health publications by December 31, 2010.</p>	<p>The HBWW project has submitted 7 articles, posters and papers during 2010.</p>
	<p>Activity 3 Exhibit perinatal materials at a minimum of 6 Health Professional Conferences by December 2010. (The Department for Public Health, the Kentucky Folic Acid Partnership, the Kentucky Perinatal Association, HBWW and MOD staff or volunteers will do the exhibits).</p>	<p>1) Kentucky Perinatal Association Conf 2) Ky State Fair 3) HBWW Sites (12 at least) 4) MOD Prematurity Summit 5) AWHONN Conference</p>

**2010 The Kentucky Folic Acid Partnership and Greater Kentucky Chapter Program
Professional Education**

<p>Objective 2.1 (Continued) <i>Increase by at least 200 the number of health professionals who are aware of the signs and symptoms of preterm labor and that folic acid must be taken before pregnancy to prevent neural tube defects by December 2010.</i></p>	<p>Activity 4 Increase knowledge of members of the Kentucky Folic Acid Partnership on the benefits of folic acid and/or prematurity issues by distributing a minimum of 5 articles electronically by December 2010.</p>	<p>11 Articles were distributed in 2010.</p>
	<p>Activity 5 In collaboration with the March of Dimes, and HBWW, provide a clinically oriented overview of issues related to prematurity at summits and other conferences with to a minimum of 150 health care professionals by December 2010.</p>	<p>Kentucky Perinatal Association Meeting 6/10 140 participants</p> <p>March of Dimes Prematurity Summit with 150 participants 11/2010</p>
<p>Objective 2. 2 Increase, by at least 50, the number of health care providers who recommend taking a daily multivitamin containing folic acid to their patients of childbearing age and who have been provided information about issues related to prematurity by December 2010.</p>	<p>Activity 1 Through the Folic Acid Partnership and Professional Education Subcommittee provide individualized support and resources to at least 50 primary care providers and/or health care professionals in the community.</p>	<p>More than 250 brain development cards were distributed to OB/GYN and Family Practice offices in 2010.</p>
	<p>Activity 2 By utilizing “Healthy Babies are Worth the Wait”, collaborate with 7 sites to saturate the professionals and community with information relating to prematurity and folic acid by December 31, 2010.</p>	<p>More than 3,500 “Every Week Counts” brochures were distributed in 2010 in all 12 sites (including health departments and hospitals)</p>
<p>Objective 2.3 Continue collaboration with other professional organizations in Kentucky by December 2010.</p>	<p>Activity 1 Attend a minimum of five meetings of other professional organizations to increase knowledge about the Kentucky Folic Acid Partnership by December 31, 2010.</p>	

**2010 The Kentucky Folic Acid Partnership and Greater Kentucky Chapter Program
Professional Education**

<p>Objective 2.4 Increase the awareness of racial disparities among at least 100 professionals By December 31, 2010.</p>	<p>Activity 1 Address the issues of disparities at the 2010 March of Dimes Prematurity Summits and other professional meetings.</p>	<p>At the KY Perinatal Association and the Prematurity Summit more than 250 professionals were reached with information regarding disparities.</p>
<p>Objective 2.5 Increase the awareness of at least 100 professionals who work with high risk women such as diabetes, substance abuse, etc. by December 31, 2010.</p>	<p>Activity 1 Utilize educational materials and collaborate with the following services; Spina Bifida Association, Diabetic Center of Excellence, and the HBWW Intervention Sites, Dept. of substance abuse.</p>	<p>Collaboration was held with HBWW Sites and the Department of substance Abuse.</p>
<p>Objective 2.6 Collaborate with the Every Woman Southeast project to increase knowledge of providers about preconception.</p>	<p>Activity 1 A member of the Every Woman Southeast Project will present the program at one of the KFAP meetings during 2010.</p> <p>Activity 2 A representative from Every Woman Southeast Initiative group will present a short summary during the November 2010 Prematurity Summit to entice participants to learn more about this important project and perhaps champion it to be on the 2011 Prematurity Agenda.</p>	<p>Completed by Dr. Connie White on 5/27/2010</p>